

Do you volunteer or work with children, young people and/or families in or around the Fenland area?

Would gaining a formal qualification in sports coaching help you deliver more?

Living Sport is a local charity supporting people to get active. To encourage more people from all sorts of backgrounds to support others in their communities to get active we are offering some **free** places on the **Sport Level 1 Award in Assistant Coaching (Sport and Physical Activity) course**.

Who is this qualification for?

It is ideal for learners who are seeking an entry point to coaching and are looking at supporting a more qualified coach. It covers:

- Roles and responsibilities of the coaching assistant
- Rules and regulations
- Safe coaching practice
- Inclusive coaching practice
- Deliver and evaluate coaching activities
- Technical requirements of sport and physical activity

Who are we looking for?

- At least 16 years old
- Are able to communicate effectively in English
- Have access to a laptop and good WiFi to complete the e-learning modules
- Available on both dates and committed to completing course and assessment
- Are delivering or anticipate delivering sport and physical activity opportunities for children, young people and/or families in the Fenland area
- We are particularly keen to support people from or working with communities underrepresented in physical activity

Once qualified, recipients of free places will be required to volunteer at least 12 hours of assistant coaching alongside a mentor/ coach from a Fenland organisation.

Interested and want to find out more?

You can find out more about the course generally [here](#). To discuss the local course and/or to express interest (including discussion of any special learning requirements) please contact

anna.oleary@livingsport.co.uk

How is the course delivered?

The course will be delivered partly through e-learning - learners complete modules online (max of 4 hours with associated portfolio tasks). There will then be 2 days of learning and assessment face to face. The face-to-face part of the course/ assessment will be held in **March on 10th and 17th Sept 2022**.

How is the course assessed?

By completing a series of assessed tasks contained within a learner portfolio
By demonstrating ability to coach one x 15 minute practical coaching sessions (in a simulated environment on 17th Sept). Sessions must focus on a specific sport or physical activity of your choice (if it's a more unusual sport you may need to provide equipment).

