



Cambridgeshire  
County Council

# Cambridgeshire Adult Social Care

**Innovate & Cultivate Workshop**

**27<sup>th</sup> September 2017**

# Adult Social Care Client Groups

- Older people (65+)
- Adults (18+) who are affected by disability:
  - learning disabilities
  - physical disabilities
  - sensory impairments
  - and/or mental health
- and/or their carers

# Maintaining and maximising independence:

**Crisis prevention** - schemes that help to identify people before they reach a crisis or support them afterwards , such as support following a stay in hospital;

**Promoting the use of Assistive Technology (ATT)** - schemes that promote the use and uptake of ATT solutions to support people with a disability or illness, or who are frail due to older age;

**Healthy living** – schemes that support people to live healthy lifestyles. For example, this could include schemes around falls prevention or developing dementia friendly communities, etc.

# Maintaining and maximising independence:

**Employment** – schemes that support people with disabilities (e.g. learning disabilities, autism, physical disabilities) into paid employment and/or enable them to remain in employment.

**Participation** – schemes that help older and vulnerable adults to participate in activities that support health and wellbeing. This could include voice and representation activities, peer support schemes etc.

# Connecting to the local community



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## and staying well:

**Isolation** – schemes that help people who could be isolated due to disability or old age. This could include developing lunch clubs, social activities or community groups

**Good Neighbour Schemes** - schemes that support older and vulnerable members of the community to live safely in their own home. This could include helping with shopping, picking up prescriptions, gardening, etc.

**Community Transport** – schemes that enable older and vulnerable people to access local transport, where other transport is unavailable. This could include developing a community car scheme to help older and vulnerable people to hospital appointments, shopping or social activities

# People having greater choice and control over how their care needs are met

**Locally delivered home care** - community schemes that support older or vulnerable people with care and support needs. This could include developing a micro enterprises or local social enterprise that provides care and support at home including delivering personal care.

# Workshops

- **Maintaining and maximising independence**  
**Lynne O'Brien**
- **Connecting to the local community and staying well**  
**Carol Williams**
- **People having greater choice and control over how their care needs are met**  
**Sunny Singh**
- **Skills and employment**  
**Jane Shardlow**